



Destrehan High School
Home of the
Fighting Wildcats

Important Dates:

**Mardi Gras
Vacation: 2/15-19**

**Parent/Teacher
Conferences: 2/24**

**ACT Bubbling:
2/25-26
(Extended Advisory)**

Mission Statement:

*Our mission at
Destrehan High
School is to
provide a nurturing
community of teach-
ing and learning in
which all students
will continuously
improve to
become
responsible,
contributing
members of
society.*

Friends of DHS

VOLUME 20, NUMBER 4

FEBRUARY 2021

Greetings from Mr. Madere:

Dear Fighting Wild-
cat Families,

Fighting Wildcat Par-
ents, here is some infor-
mation about upcoming
events as we move into
February:

Parent/Teacher confer-
ences will be held on
Wednesday, February
24, from 1:00 to 5:45.
Please visit the school
website for information
on how to schedule
your conferences.

The days seem to be
warming up a bit, but
flu season is still here.
Nurse Jan Perilloux has
posted a file on how to
prevent and treat the flu
on the school website,
under the Families Sec-
tion. In addition, please
continue to take precau-
tions regarding COVID-
19

On Tuesday, March 9,
sophomores will take
the Pre-ACT, and junior
and some seniors will
take the ACT. To help
students prepare for
these critical tests, we
are offering Google
Meet sessions through
TLC. Check the calen-
dar inside the newsletter
for when subjects and
topics will taught.

Finally, February 1-5 is
National School Counse-
lors Week. Join me in
thanking our counselor
and staff for all of the
hard work that they do!

We thank you for
your support and contin-
ued patience. If you have
any questions or concerns
please call me at (985)764
-9946 or email me at jma-
dere4@stcharles.k12.la.us

Remember: "Resilience +
Perseverance = Unlimited
Possibilities."

Sincerely,

Jason Madere
Principal
Destrehan High School

ROARS Expectations

At DHS, we are proud to say that
although our students come and
go, tradition never graduates.
One of our enduring traditions is
our ROARS Expectations. These
are the values we want all mem-
bers of the Destrehan High School
family to emulate.

Respect Everyone.

Optimize Learning

**Attendance and Timeliness are
Essential**

**Responsibility - Be Prepared Eve-
ry Day.**

Success - Dress for it!

Meet these expectations, and soon
you will be a proud graduate of
Destrehan High. School.



COMMUNICATION CORNER:

Follow us on **Twitter:** [@DHSWildcats](https://twitter.com/DHSWildcats)

See our **website:** www.stcharles.k12.la.us/destrehan. Click "View All" to
avoid missing anything.

Visit **PowerSchools** to keep up with your students' school work. You can
also view the Daily Bulletin there.

Check out the school's **Google Classrooms**. Ask teachers to invite you as a
guardian for class updates.

Check in with your children; they belong to **Grade-Level Classrooms** that
provide useful information throughout the year.

Counselor News:

I know it's hard to believe, but graduation is just around the corner. May 13th will be here before we know it!

There is still much to do this semester. If your child has not applied to a post-secondary school (college, technical college, trade school, etc), he/she is encouraged to do so now. If he/she plans to apply for financial aid, he/she must be accepted by the college or school before he/she will be considered for financial aid.

If your child is applying for financial aid and/or the TOPS scholarship, you will need to complete the FAFSA (Free Application for Federal Student Aid). The FAFSA is found online at www.fafsa.gov. Both you and your child must get a FAFSA ID to use as a signature for the FAFSA. You can get it at www.fafsa.gov and click on FAFSAID on the top of the page. Seniors and parents are encouraged to read the senior bulletin and google classroom. There are several local scholarships that will be available in the spring semester and will be advertised in the senior bulletin.

— Bonnie Maise

College and Career Fair

Since there is no in-person Fair this year, the counselors are asking students to sign up for virtual fairs, using the following link:

<https://www.nacacfairs.org>

Fair dates include February 28, March 21, and May 2. Times are 12:00—6:00 for all fairs.

Students can only visit websites of specific colleges for additional information.

Scholarships

It is never too early to start looking for scholarship opportunities! Juniors can visit their grade-level Google Classroom (code **Z5UCFZ2**) to see listings and to determine eligibility. If eligible, students should go to the scholarship website to apply online or to the Counselors Suite for an application, as directed. Make sure that you meet all criteria before applying

Additional websites that list scholarships for students include:

www.fastweb.com
www.freschinfo.com
www.fastaid.com
www.scholarships.com

Campus Visits

Juniors and seniors are given excused days to visit colleges; juniors can receive one excused day, and seniors can receive two.

To receive the excused day, students must make an appointment with the college's admissions office, then pick up a college visitation form from the Counselors Suite and return it with a parent's signature three days in advance.

A parent must attend with the student (this will be verified) and an official from the college visited must also verify the trip.

— Latricia Blain



Visit our teacher web pages!!
www.stcharles.k12.la.us/destrehan

Greetings Sophomores and Parents,

Welcome to a new year and a new semester.

Students this is a great time to review your goals and get refocused. What do you want to accomplish this semester?

I want to suggest taking good care of yourself, and begin by working on your sleep. More and more research suggests sleep is very important to your learning and health.

The Harvard Women's Health Watch suggests six reasons to get enough sleep:

~Learning and memory: Sleep helps the brain commit new information to memory through a process called memory consolidation. In studies, people who'd slept after learning a task did better on tests later.

~Metabolism and weight: Chronic sleep deprivation may cause weight gain by affecting the way our bodies process and store carbohydrates, and by altering levels of hormones that affect our appetite.

~Safety: Sleep debt contributes to a greater tendency to fall asleep during the daytime. These lapses may cause falls and mistakes such as medical errors, air traffic mishaps, and road accidents.

~Mood: Sleep loss may result in irritability, impatience, inability to concentrate, and moodiness. Too little sleep can also leave you too tired to do the things you like to do.

~Cardiovascular health: Serious sleep disorders have been linked to hypertension, increased stress hormone levels, and irregular heartbeat.

~Disease: Sleep deprivation alters immune function, including the activity of the body's killer cells. Keeping up with sleep may also help fight cancer.

On another note: Sophomores with World Geography and Business English will be sitting with their counselor to create their Individual Graduation Plan (IGP). You will be asked to review the plan, sign it, and return it to school. Keep up with your child's grades via PowerSchool. Remember: you are your child's most powerful influence. If you need your PowerSchool log in, drop by the office and pick it up.

If you have any questions or concerns about your child call the counseling office at 985-764-9872. Let us support you.

— Robin Valerius

Time to ACT!

On Tuesday, March 9, sophomores will take the Pre-ACT, and juniors and some seniors will take the ACT. Success on these tests is critical: for sophomores, the Pre-ACT can determine eligibility for dual-enrollment courses, and the ACT itself can determine if a student can earn college credit and scholarships.

To help students better prepare, Destrehan has launched **Time to ACT!** This includes ACT tutoring sessions four days a week (see the calendar and session below). Each session will target a specific section and skill set for the ACT.

Monday	Tuesday	Wednesday	Thursday
Feb 1 MATH Review: SLOPE GoogleMeet: https://meet.google.com/aeo-ygtv-cgz?authuser=0	Feb 2 ELA (3-4) Reading (4-5) <i>Prose Fiction</i> GoogleMeet: https://meet.google.com/syu-jrri-raj?authuser=0	Feb 3 ACT MATH Test June 2019 GoogleMeet: https://meet.google.com/aeo-ygtv-cgz?authuser=0	Feb 4 ACT Science <i>Conflicting Viewpoints</i> GoogleMeet: https://meet.google.com/qvu-usfu-tip?authuser=0
Feb 8 MATH Review: GEOM: <i>Area & Perimeter</i> GoogleMeet: https://meet.google.com/aeo-ygtv-cgz?authuser=0	Feb 9 ELA (3-4) Reading (4-5) <i>Social Sciences</i> GoogleMeet: https://meet.google.com/syu-jrri-raj?authuser=0	Feb 10 ACT MATH Test Dec 2019 GoogleMeet: https://meet.google.com/aeo-ygtv-cgz?authuser=0	Feb 11 ACT Science <i>Data representations</i> GoogleMeet: https://meet.google.com/qvu-usfu-tip?authuser=0
Mardi Gras			
Feb 22 MATH Review: GEOM: <i>Dist & Midpt</i> GoogleMeet: https://meet.google.com/aeo-ygtv-cgz?authuser=0	Feb 23 ELA (3-4) Reading (4-5) <i>Humanities</i> GoogleMeet: https://meet.google.com/syu-jrri-raj?authuser=0	Feb 24 ACT MATH Test June 2020 GoogleMeet: https://meet.google.com/aeo-ygtv-cgz?authuser=0	Feb 25 ACT Science <i>Research Summaries</i> GoogleMeet: https://meet.google.com/qvu-usfu-tip?authuser=0
Mar 1 MATH Content Review: Prob & Stats GoogleMeet: https://meet.google.com/aeo-ygtv-cgz?authuser=0	Mar 2 ELA (3-4) Reading (4-5) <i>Natural Sciences</i> GoogleMeet: https://meet.google.com/syu-jrri-raj?authuser=0	Mar 3 ACT MATH Test July 2020 GoogleMeet: https://meet.google.com/aeo-ygtv-cgz?authuser=0	Mar 4 ACT Science <i>Tips & Tricks, Whole Test</i> GoogleMeet: https://meet.google.com/qvu-usfu-tip?authuser=0

WHO? All DHS students – especially juniors – are invited to prep for the March 9 ACT!

#DHSTimeToACT

WHAT? ACT content, testing strategies, and practice tests. Pick up printed materials in advance in the LIBRARY! *Pdfs are on the TLC Classroom.*

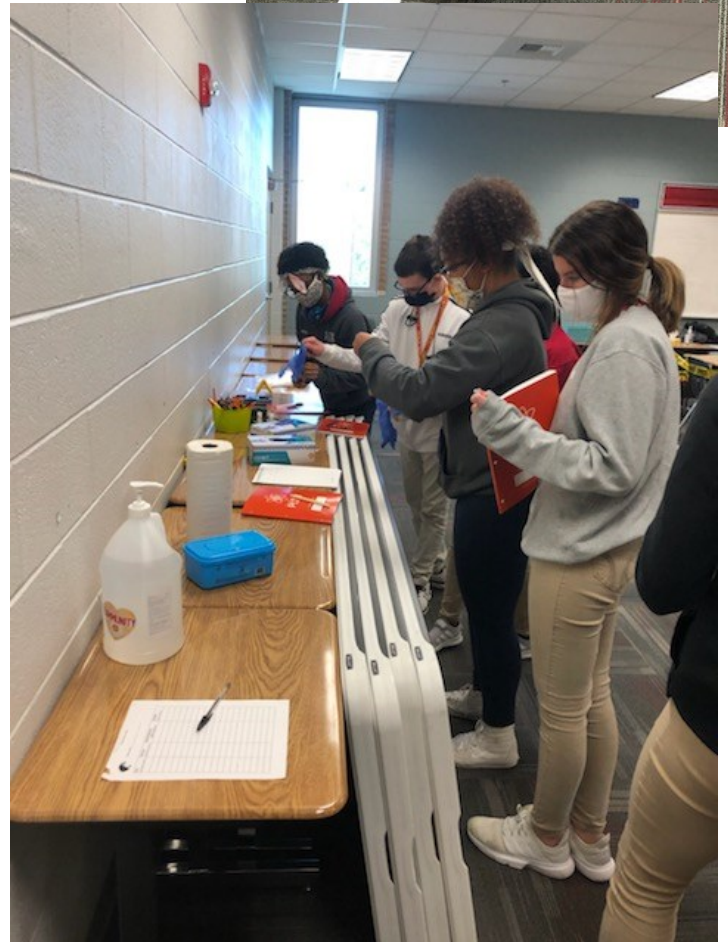
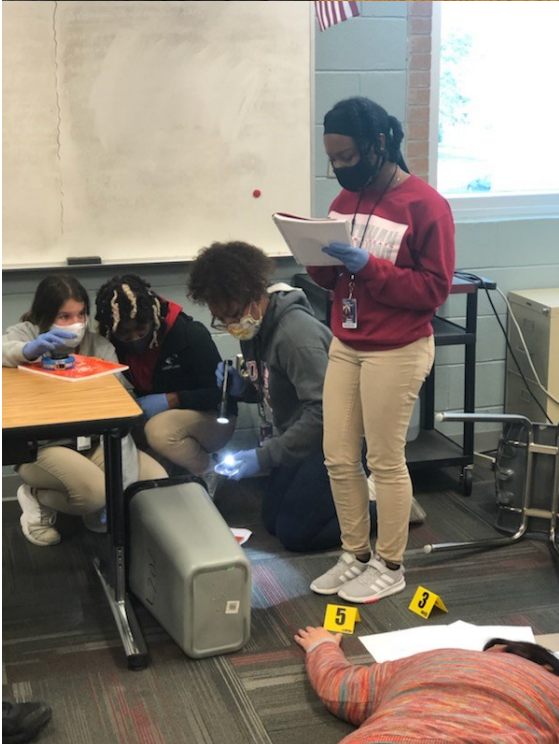
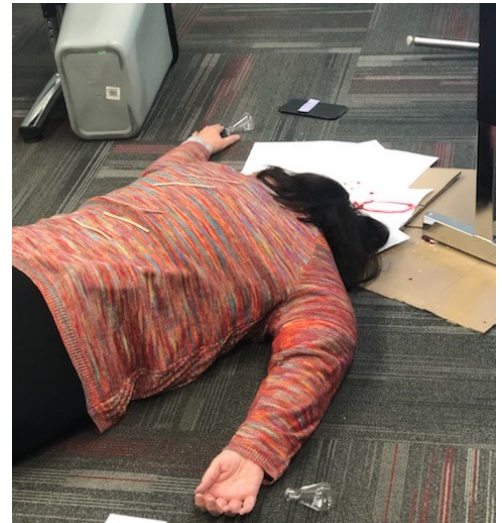
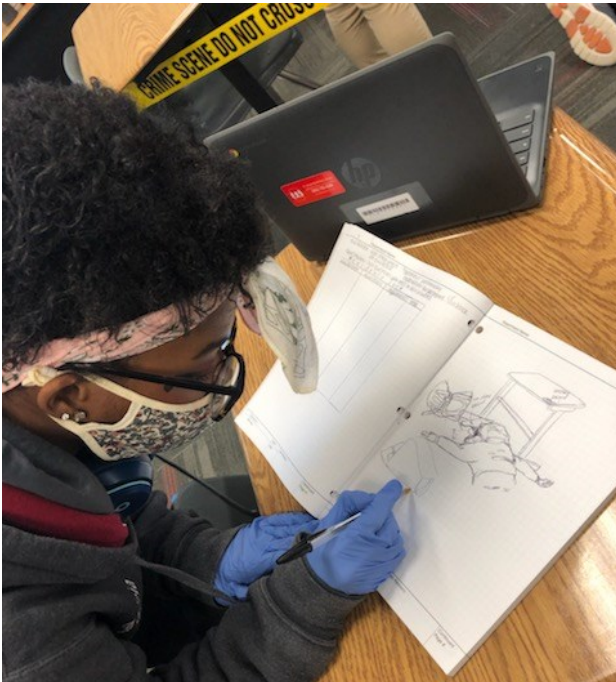
WHEN? 3PM – 5PM Countdown to March 9: sessions run from February 1 to March 4. Join us LIVE *or* watch the videos on TLC’s Classroom.

WHERE? Online at the Google Meet links above.

HOW? Sign up in advance using TLC Classroom *ci2arow* OR “drop into” the session. Type your name into the comment box to sign-in.

CSI: DHS

Parents need not be alarmed if their children come home with inked fingertips, wanting to discuss the body that they found in L-202. They are enrolled in Destrehan's newest class, Principles of Biomedical Science. In this course, students will explore concepts of biology and medicine as they take on roles of different medical professionals to solve real-world problems. Over the course of the semester, students are challenged in various scenarios including investigating a crime scene to solve a mystery, diagnosing and proposing treatment to patients in a family medical practice, to tracking down and containing a medical outbreak at a local hospital, stabilizing a patient during an emergency, and collaborating with others to design solutions to local and global medical problems while maintaining social distancing.



Don't miss out on preserving your child's high school memories! Order the yearbook NOW! Visit www.destrehanyearbook.com for details.

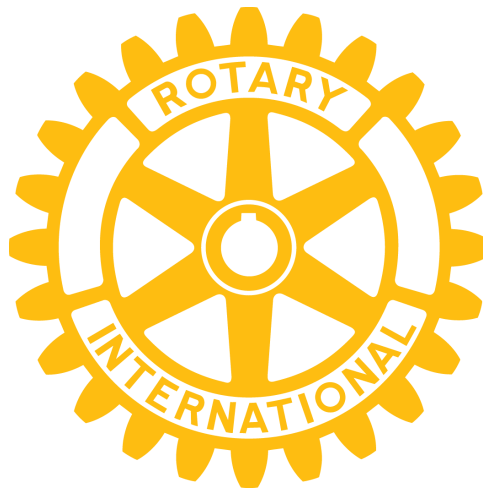
Interact Officers Announced

Interact Club would like to recognize and congratulate our 2020 – 2021 Officers:

President: Katelyn Berger
Vice-President: Kailie Carrigee
Secretary: Andrea Rozas
Head Media: Jayden Kirsch
Member at Large: Roha Abbas
Recorder: Madison Neighbors

Interact is the youth service branch of Rotary International. Community service is a key component of membership, and club goals include:

- ~ Developing leadership skills and personal integrity
- ~ Demonstrating helpfulness and respect for others
- ~ Understanding the value of individual responsibility and hard work, and
- ~ Advancing international understanding and goodwill.



Attention Parents:

The DHS newsletter is available on the DHS website. If you would still like to receive a newsletter at your residence, please fill out the information below, cut it out, and mail to:

William Plasse
#1 Wildcat Lane
Destrehan, LA 70047

Yes! I want to continue receiving the DHS newsletter in my home.

(Please print):

Parent Name: _____

Mailing Address: _____

City: _____ **Zip Code:** _____

Destrehan High School

Newsletter Editor—Bill Plasse
wplasse@stcharles.k12.la.us



Need to contact us?

By Phone: 985-764-9946
Website: www.stcharles.k12.la.us/destrehan

Jason Madere, Principal
Laura Abbey, Asst. Principal
Jessica Glass, Asst. Principal
Frank Harding, Asst. Principal
Tracy Logan, Asst. Principal
Kurt Menyweather, Admin. Monitor

Important Dates - February 2021

February 3: ACT WorkKeys Testing
February 6: ACT Testing
February 9: End of Quarter
February 11-12: ACT Info (Extended 1st Block)
February 15-19: Mardi Gras Holiday
February 24: Parent-Teacher Conferences.
February 25-26: ACT Bubbling

Destrehan High School
#1 Wildcat Lane
Destrehan, LA 70047

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Equal Opportunity Statement

In compliance with Title VI, Title IX and Section 504 of the Rehabilitation Act of 1973, this Educational Agency holds the following policy:

This is an equal opportunity school and is dedicated to a policy of non-discrimination in employment or training. Qualified students, applicants or employees will not be excluded from any course or activity because of age, race, creed, color, sex, religion, national origin or qualified handicap. All students have equal rights to counseling and training.



ASBESTOS NOTICE

Notice: In 1986 all asbestos materials were identified in all school buildings. A management plan was developed for each school as per the Asbestos Hazard Emergency Response Act (AHERA). The management plan is located in a binder in the main office of each school. The binders are available for review upon request.

Since the plan was developed, most of the asbestos has been removed. In a few buildings, some floor tile still remains that contains asbestos. All of the schools meet the health requirements that pertain to the regulation. If you have any questions concerning this topic, please contact Kevin Barney, Director of Physical Plant Maintenance at 985-331-3600 between the hours of 7:00 a.m. and 4:00 p.m.